

AGE GROUP: OPEN					LONG COURSE			
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	23.74	GREG PHILLIPS	1999	/	25.51	KATY SEXTON	03-04-2008	SHEFFIELD
100M FS	51.79	GREG PHILLIPS	1999	/	55.99	KATY SEXTON	31-03-2008	SHEFFIELD
200M FS	1:51.89	GLENN HUDSON	1997	/	2:04.61	LAURA CHASE	05-08-2004	SHEFFIELD
400M FS	3:55.68	CHRIS THOMPSON	2003	/	4:16.70	MARGIE PEDDER	2000	/
800M FS	8:36.15	JAKE HOWES	05-07-2009	CARDIFF	8:47.03	MARGIE PEDDER	1999	/
1500M FS	15.41.49	SIMON MILITIS	2001	/	17:27.04	STEPHANIE WINSER	29-07-2008	SHEFFIELD
50M BST	32.58	NEIL REDMAN	20-12-2009	MILLFIELD	34.73	KATY SEXTON	23-03-2001	TOLLCORSS
100M BST	1:08.85	NEIL REDMAN	24-10-2009	CRYSTAL PALACE	1:12.10	RIKKI JACKSON	2003	/
200M BST	2:28.73	NEIL REDMAN	03-04-2010	SHEFFIELD	2:34.87	RIKKI JACKSON	2004	/
50M FLY	25.04	GREG PHILLIPS	200	/	28.39	MARGIE PEDDER	1999	/
100M FLY	57.20	CALLUM MOORSE	01-08-2009	SHEFFIELD	1:00.74	MARGIE PEDDER	2000	/
200M FLY	2.02.78	SIMON MILITIS	2000	/	2:10.49	MARGIE PEDDER	2000	/
50M BK	27.61	JOHN MOLYNEAUX	19-03-2005	MANCHESTER	27.92	GEMMA SPOFFORTH	29-07-2009	ROME
100M BK	59.47	JOHN MOLYNEAUX	04-08-2005	SHEFFIELD	58.12	GEMMA SPOFFORTH	28-07-2009	ROME
200M BK	2.00.59	SIMON MILITIS	2002	/	2:06.66	GEMMA SPOFFORTH	01-08-2009	ROME
100M IM	-	-	-	-	-	-	-	-
200M IM	2:05.37	CHRIS THOMPSON	2003	/	2:18.18	SHARON DAVIES	1992	/
400M IM	4:19.90	SIMON MILITIS	2001	/	4:50.90	LAURA CHASE	02-08-2004	SHEFFIELD

AGE GROUP: OPEN					SHORT COURSE			
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	24.14	LLOYD YOUNG	15-03-2009	SOUTHAMPTON	25.49	KATY SEXTON	14-12-2008	RIJEKA - CROATIA
100M FS	51.91	LLOYD YOUNG	13-03-2010	SOUTHAMPTON	55.61	KATY SEXTON	20-03-2008	PORTSMOUTH
200M FS	1:50.63	GLENN HUDSON	1998	/	1.59.33	MARGIE PEDDER	2001	/
400M FS	3:51.10	GLEN HUDSON	1998	/	4:08.77	MARGIE PEDDER	2001	/
800M FS	8:08.21	ANDY ROLLEY	1990	/	8:35.33	MARGIE PEDDER	1999	/
1500M FS	15.16.46	GLEN HUDSON	1998	/	16:44.74	LAURA CHASE	28-01-2006	PORTSMOUTH
50M BST	31.40	NEIL REDMAN	13-03-2010	SOUTHAMPTON	34.51	KATY SEXTON	09-08-2001	NORWICH
100M BST	1:07.52	LEWIS JONES	24-03-2005	PORTSMOUTH	1:09.64	RIKKI JACKSON	2003	/
200M BST	2:24.94	NEIL REDMAN	13-03-2010	SOUTHAMPTON	2:36.23	GEMMA SPOFFORTH	24-03-2005	PORTSMOUTH
50M FLY	26.93	JOHN MOLYNEAUX	28-10-2007	SOUTHAMPTON	27.93	MARGIE PEDDER	2000	/
100M FLY	54.65	GREG PHILLIPS	2001	/	1:00.53	MARGIE PEDDER	2000	/
200M FLY	2:06.66	CALLUM MOORSE	07-11-2009	ALDERSHOT	2:04.28	MARGIE PEDDER	2000	/
50M BK	27.24	JOHN MOLYNEAUX	19-10-2008	SOUTHAMPTON	27.99	KATY SEXTON	18-11-2007	SWANSEA
100M BK	56.53	SIMON MILITIS	2000	/	57.17	GEMMA SPOFFORTH	18-12-2009	MANCHESTER
200M BK	1.59.98	SIMON MILITIS	2000	/	2:04.95	GEMMA SPOFFORTH	18-12-2009	MANCHESTER
100M IM	58.78	SIMON MILITIS	2001	/	1:03.45	KATY SEXTON	03-08-2001	AUSTRALIA
200M IM	2:05.10	MAX UNDERHAY	2003	/	2:14.01	KATY SEXTON	09-08-2001	NORWICH
400M IM	4:15.67	SIMON MILITIS	2000	/	4:44.25	SAMANTHA NESBIT	1998	/

AGE GROUP: U/9 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	33.41	SEAN O'KILL	14-12-2007	MILLFIELD	35.47	KELLY SMALL	05-12-2008	BATH
100M FS	1:22.81	SEAN O'KILL	20-05-2007	ALDERSHOT	1:16.38	KELLY SMALL	05-12-2008	BATH
200M FS	2:40.54	SEAN O'KILL	14-12-2007	MILLFIELD	2:40.27	MOLLIE VINCENT	19-12-2004	ALDERSHOT
400M FS	5:34.67	SEAN O'KILL	14-12-2007	MILLFIELD	5:32.33	MOLLIE VINCENT	19-12-2004	ALDERSHOT
800M FS	-	-	-	-	11:37.38	KELLY SMALL	05-12-2008	BATH
1500M FS	-	-	-	-	-	-	-	-
50M BST	50.15	SEAN O'KILL	20-10-2007	ALDERSHOT	49.94	JENNIFER HUSSEY	07-11-2004	MILLFIELD
100M BST	-	-	-	-	-	-	-	-
200M BST	3:37.26	SEAN O'KILL	14-12-2007	MILLFIELD	3:30.69	ELLENA HOAR	21-10-2007	ALDERSHOT
50M FLY	37.08	SEAN O'KILL	14-12-2007	MILLFIELD	41.50	HANNAH ST JOHN-MOSSE	24.01.10	PORTSMOUTH
100M FLY	-	-	-	-	1:35.36	HANNAH ST JOHN-MOSSE	04-04-10	PORTSMOUTH
200M FLY	3:10.09	LIAM ELLICOT	11-12-2005	ALDERSHOT	3:10.43	KIRSTY HARKNESS	08-12-2002	ALDERSHOT
50M BK	40.54	SEAN O'KILL	21-10-2007	ALDERSHOT	41.66	ELLENA HOAR	21-10-2007	ALDERSHOT
100M BK	1:29.30	SEAN O'KILL	19-05-2007	ALDERSHOT	1:26.52	KELLY SMALL	05-12-2008	BATH
200M BK	3:01.81	SEAN O'KILL	14-12-2007	MILLFIELD	3:00.31	MOLLIE VINCENT	19-12-2004	ALDERSHOT
100M IM	-	-	-	-	-	-	-	-
200M IM	3:05.19	SEAN O'KILL	14-12-2007	MILLFIELD	3:06.81	ELLENA HOAR	20-10-2007	ALDERSHOT
400M IM	6:26.57	SEAN O'KILL	14-12-2007	MILLFIELD	6:26.04	KIRSTY HARKNESS	08-12-2002	ALDERSHOT

AGE GROUP: 9 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	33.23	SEAN O'KILL	28-10-2007	SOUTHAMPTON	35.59	NICOLE DOLLERY	28-05-2006	GUILDFORD
100M FS	1:13.96	SEAN O'KILL	28-10-2007	SOUTHAMPTON	1:20.06	KELLY SMALL	02-11-2008	PORTSMOUTH
200M FS	2:39.38	SEAN O'KILL	28-10-2007	SOUTHAMPTON	2:41.98	ELLENA HOAR	03-11-2007	PORTSMOUTH
400M FS	5:40.79	OLIVER KINCART	01-12-2007	TEMPLE COWLEY	5:30.88	ELLENA HOAR	03-11-2007	PORTSMOUTH
800M FS	12:26.90	AARON LLOYD	03-11-2007	PORTSMOUTH	11:19.28	ELLENA HOAR	03-11-2007	PORTSMOUTH
1500M FS	22:16.16	DAVID WHEADON	03-11-2007	PORTSMOUTH	22:08.93	KELLY SMALL	09-11-2008	PORTSMOUTH
50M BST	46.90	SEAN O'KILL	28-10-2007	SOUTHAMPTON	46.27	EMMA TROTMAN	06-12-2008	WATERLOOVILLE
100M BST	1:42.30	SEAN O'KILL	28-10-2007	SOUTHAMPTON	1:44.94	KELLY SMALL	01-11-2008	PORTSMOUTH
200M BST	3:33.79	OLIVER KINCART	01-12-2007	TEMPLE COWLEY	3:22.98	ELLENA HOAR	03-11-2007	PORTSMOUTH
50M FLY	39.26	SEAN O'KILL	28-10-2007	SOUTHAMPTON	40.17	NICOLE DOLLERY	08-10-2006	SOUTHAMPTON
100M FLY	1:35.23	SEAN O'KILL	15-07-2007	SOUTHAMPTON	1:37.99	NICOLE DOLLERY	08-10-2006	SOUTHAMPTON
200M FLY	3:10.25	OLIVER KINCART	02-12-2007	TEMPLE COWELY	3:17.38	ELLENA HOAR	03-11-2007	PORTSMOUTH
50M BK	39.71	SEAN O'KILL	15-07-2007	SOUTHAMPTON	38.53	NICOLE DOLLERY	13-04-2006	PORTSMOUTH
100M BK	1:25.36	SEAN O'KILL	28-10-2007	SOUTHAMPTON	1:27.97	KELLY SMALL	01-11-2008	PORTSMOUTH
200M BK	2:59.56	OLIVER KINCART	02-12-2007	TEMPLE COWLEY	2:53.09	ELLENA HOAR	03-11-2007	PORTSMOUTH
100M IM	1:29.35	SEAN O'KILL	08-07-2007	WATERLOOVILLE	1:28.48	NICOLE DOLLERY	03-12-2006	GUILDFORD
200M IM	3:01.02	OLIVER KINCART	02-12-2007	TEMPLE COWLEY	3:03.15	ELLENA HOAR	03-11-2007	PORTSMOUTH
400M IM	6:11.63	OLIVER KINCART	02-12-2007	TEMPLE COWELY	6:17.34	ELLENA HOAR	03-11-2007	PORTSMOUTH

AGE GROUP: 10 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	33.02	SEAN O'KILL	17-05-2008	ALDRSHOT	33.53	NICOLE DOLLERY	19-05-2007	ALDRSHOT
100M FS	1:08.90	SEAN O'KILL	07-12-2008	MILLFIELD SCHOOL	1:07.76	MOLLIE VINCENT	02-12-2005	BATH
200M FS	2:27.45	DAVID WHEADON	05-12-2008	BATH	2:24.08	MOLLIE VINCENT	11-12-2005	ALDRSHOT
400M FS	4:57.70	OLIVER KINCART	28-02-2009	ALDRSHOT	4:59.37	MOLLIE VINCENT	02-12-2005	BATH
800M FS	10:50.89	SEAN O'KILL	05-12-2008	MILLFIELD SCHOOL	10:02.67	MOLLIE VINCENT	02-12-2005	BATH
1500M FS	-	-	-	-	19:56.43	KELLY SMALL	18-12-2009	MILLFIELD
50M BST	45.78	BRADLEY CHAPMAN	07-11-2004	MILLFIELD	42.48	NICOLE DOLLERY	14-12-2007	MILLFIELD
100M BST	1:31.74	SEAN O'KILL	04-10-2008	CRAWLEY	1:35.33	HANNAH FEDERICKS	05-12-2008	BATH
200M BST	3:05.25	OLIVER KINCART	10-04-2009	EDINBRUGH	3:13.38	MOLLIE VINCENT	04-06-2005	CRYSTAL PALACE
50M FLY	37.38	AARON LLOYD	24-05-2008	MILLFIELD	38.29	ELLENA HOAR	25-05-2008	MILLFIELD
100M FLY	1:15.99	OLIVER KINCART	9-04-2009	EDINBRUGH	1:18.02	MOLLIE VINCENT	02-12-2005	BATH
200M FLY	2:36.17	OLIVER KINCART	11-04-2009	BATH	2:50.77	MOLLIE VINCENT	02-12-2005	BATH
50M BK	39.43	DAVID WHEADON	24-05-2008	MILLFIELD	38.01	KELLY SMALL	20-12-2009	MILLFIELD
100M BK	1:17.40	OLIVER KINCART	8-04-2009	EDINBRUGH	1:14.35	MOLLIE VINCENT	02-12-2005	BATH
200M BK	2:37.88	OLIVER KINCART	9-04-2009	EDINBRUGH	2:37.96	MOLLIE VINCENT	11-12-2005	ALDRSHOT
100M IM	-	-	-	-	-	-	-	-
200M IM	2:40.47	OLIVER KINCART	12-04-2009	EDINBRUGH	2:41.26	MOLLIE VINCENT	02-12-2005	BATH
400M IM	5:31.02	OLIVER KINCART	30-05-2009	CRAWLEY	5:31.71	MOLLIE VINCENT	11-12-2005	AKDRSHOT

AGE GROUP: 10 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	31.13	ALEXANDER CAMERON CALVO	20-11-2005	HASELMERE	31.94	MOLLIE VINCENT	24-03-2005	PORTSMOUTH
100M FS	1:08.41	SEAN O'KILL	02-11-2008	PORTSMOUTH	1:10.97	KELLY SMALL	19-07-2009	SOUTHAMPTON
200M FS	2:24.60	SEAN O'KILL	15-11-2008	HASELMERE	2:26.30	MOLLIE VINCENT	03-07-2005	HASELMERE
400M FS	4:59.78	SEAN O'KILL	15-11-2008	HASELMERE	5:07.41	KELLY SMALL	01-11-2009	PORTSMOUTH
800M FS	13:17.12	ANDRE HARRISON-FISHER	09-11-2008	PORTSMOUTH	10:25.72	KELLY SMALL	15-11-2009	PORTSMOUTH
1500M FS	19:37.62	DAVID WHEADON	09-11-2008	PORTSMOUTH	19:52.00	KELLY SMALL	15-11-2009	PORTSMOUTH
50M BST	39.79	SEAN O'KILL	15-11-2008	HASELMERE	41.60	NICOLE DOLLERY	14-07-2007	SOUTHAMPTON
100M BST	1:31.32	SEAN O'KILL	19-07-2008	SOUTHAMPTON	1:31.44	NICOLE DOLLERY	03-11-2007	PORTSMOUTH
200M BST	3:09.94	OLIVER KINCART	01-11-2008	PORTSMOUTH	3:16.23	KELLY SMALL	01-11-2009	PORTSMOUTH
50M FLY	33.46	ALEXANDER CAMERON CALVO	20-11-2005	HASELMERE	34.79	MOLLIE VINCENT	24-03-2005	PORTSMOUTH
100M FLY	1:18.75	DAVID WHEADON	01-11-2008	PORTSMOUTH	1:20.60	KELLY SMALL	19-07-2009	SOUTHAMPTON
200M FLY	2:51.77	OLIVER KINCART	01-11-2008	PORTSMOUTH	2:50.59	KIRSTY HARKNESS	16-11-2003	THE HERONS
50M BK	35.30	SEAN O'KILL	15-11-2008	HASELMERE	35.83	MOLLIE VINCENT	24-03-2005	PORTSMOUTH
100M BK	1:18.47	SEAN O'KILL	19-07-2008	SOUTHAMPTON	1:16.09	MOLLIE VINCENT	03-07-2005	HASELMERE
200M BK	2:38.47	SEAN O'KILL	15-11-2008	HASELMERE	2:42.27	KELLY SMALL	01-11-2009	PORTSMOUTH
100M IM	1:21.98	OLIVER KINCART	27-01-2008	PORTSMOUTH	1:19.58	MOLLIE VINCENT	03-07-2005	HASELMERE
200M IM	2:42.72	SEAN O'KILL	15-11-2008	HASELMERE	2:47.02	KELLY SMALL	18-07-2009	SOUTHAMPTON
400M IM	5:42.53	OLIVER KINCART	02-11-2008	PORTSMOUTH	5:49.48	KELLY SMALL	01-11-2009	PORTSMOUTH

AGE GROUP: 11 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	30.25	ALEXANDER CAMERON CALVO	15-04-2006	CRAWLEY	31.40	MOLLIE VINCENT	01-04-2006	CRYSTAL PALACE
100M FS	1:06.22	ALEXANDER CAMERON CALVO	03-06-2006	CRAWLEY	1:06.17	MOLLIE VINCENT	01-12-2006	BATH
200M FS	2:16.09	AARON LLOYD	25-07-2009	SHEFFIELD	2:21.91	MOLLIE VINCENT	10-06-2006	CRAWLEY
400M FS	4:44.93	AARON LLOYD	12.02.1998	SHEFFIELD	4:44.68	MOLLIE VINCENT	27-07-2006	SHEFFIELD
800M FS	10:12.43	DAVID WHEADON	28-02-2009	ALDRSHOT	9:45.26	MOLLIE VINCENT	30-07-2006	SHEFFIELD
1500M FS	18:38.00	DAVID WHEADON	18-12-2009	MILLFIELD	18:48.48	MOLLIE VINCENT	10-06-2006	CRAWLEY
50M BST	37.37	JAMES MILLAR	6.03.2010	WATERLOOVILLE	40.52	NICOLE DOLLERY	30-11-2008	STOCKPORT
100M BST	1:19.23	JAMES MILLAR	16-5-2010	SOUTHAMPTON	1:20.54	MOLLIE VINCENT	30-07-2006	SHEFFIELD
200M BST	2:50.08	JAMES MILLAR	6-03-2010	WATERLOOVILLE	2:49.78	MOLLIE VINCENT	27-07-2006	SHEFFIELD
50M FLY	34.70	DAVID WHEADON	22-05-2009	MILLFIELD	35.76	KELLY SMALL	24-01-2010	PORTSMOUTH
100M FLY	1:10.23	AARON LLOYD	25-07-2009	SHEFFIELD	1:11.85	MOLLIE VINCENT	27-07-2006	SHEFFIELD
200M FLY	2:31.45	AARON LLOYD	23-07-2009	SHEFFIELD	2:33.57	MOLLIE VINCENT	30-07-2006	SHEFFIELD
50M BK	37.27	JAMES WHELAN	02-07-2000	CRYSTAL PALACE	34.64	NICOLE DOLLERY	30-11-2008	STOCKPORT
100M BK	1:15.52	SEAN O'KILL	31-05-2009	CRAWLEY	1:13.19	MOLLIE VINCENT	03-06-2006	CRAWLEY
200M BK	2:37.88	OLIVER KINCART	09-04-2009	EDINBURGH	2:29.11	MOLLIE VINCENT	28-07-2006	SHEFFIELD
100M IM	-	-	-	-	-	-	-	-
200M IM	2:40.08	OLIVER KINCART	19-12-2009	MILLFIELD	2:30.97	MOLLIE VINCENT	28-07-2006	SHEFFIELD
400M IM	5:29.86	AARON LLOYD	26-07-2009	SHEFFIELD	5:16.69	MOLLIE VINCENT	29-07-2006	SHEFFIELD
AGE GROUP: 11 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	29.89	OLIVER SUMMERS	17-11-2002	THE HERONS	30.36	NICOLE DOLLERY	19-10-2008	SOUTHAMPTON
100M FS	1:04.72	SEAN O'KILL	09-04-2009	PORTSMOUTH	1:04.99	LAURA CHASE	29-11-1998	GRAND CENTRAL POOL
200M FS	2:18.18	AARON LLOYD	31-10-2009	PORTSMOUTH	2:17.71	MOLLIE VINCENT	13-04-2006	PORTSMOUTH
400M FS	4:48.69	AARON LLOYD	01-11-2009	PORTSMOUTH	4:47.34	MOLLIE VINCENT	26-02-2006	WATERLOOVILLE
800M FS	9:41.95	AARON LLOYD	15-11-2009	PORTSMOUTH	9:57.49	MOLLIE VINCENT	13-04-2006	PORTSMOUTH
1500M FS	18:33.53	AARON LLOYD	15-11-2009	PORTSMOUTH	18:45.33	MOLLIE VINCENT	28-01-2006	PORTSMOUTH
50M BST	39.79	SEAN O'KILL	15-11-2008	HASELMERE	37.91	NICOLE DOLLERY	19-10-2008	SOUTHAMPTON
100M BST	1:26.07	SEAN O'KILL	09-04-2009	SOUTHAMPTON	1:23.44	NICOLE DOLLERY	19-10-2008	SOUTHAMPTON
200M BST	2:58.32	OLIVER KINCART	07-03-2009	WATERLOOVILLE	2:55.77	MOLLIE VINCENT	04-03-2006	WATERLOOVILLE
50M FLY	32.24	ALEXANDER CAMERON CALVO	08-10-2006	SOUTHAMPTON	33.06	MOLLIE VINCENT	13-04-2006	PORTSMOUTH
100M FLY	1:10.86	AARON LLOYD	01-11-2009	PORTSMOUTH	1:13.19	NICOLE DOLLERY	24-05-2008	GUILDFORD
200M FLY	2:33.87	AARON LLOYD	31-10-2009	PORTSMOUTH	2:40.43	MOLLIE VINCENT	04-03-2006	WATERLOOVILLE
50M BK	34.85	SEAN O'KILL	15-07-2007	SOUTHAMPTON	33.51	MOLLIE VINCENT	13-04-2006	PORTSMOUTH
100M BK	1:11.64	JOHN MOLYNEAUX	20-11-1999	THE HERONS	1:11.58	NICOLE DOLLERY	27-09-2008	SOUTHAMPTON
200M BK	2:34.84	SEAN O'KILL	08-02-2009	SOUTHAMPTON	2:30.92	MOLLIE VINCENT	05-03-2006	WATERLOOVILLE
100M IM	1:15.70	SEAN O'KILL	08-03-2009	WATERLOOVILLE	1:13.03	MOLLIE VINCENT	25-02-2006	WATERLOOVILLE
200M IM	2:36.57	AARON LLOYD	31-10-2009	PORTSMOUTH	2:33.35	MOLLIE VINCENT	05-03-2006	WATERLOOVILLE
400M IM	5:25.36	OLIVER KINCART	24-01-2009	PORTSMOUTH	5:20.56	MOLLIE VINCENT	05-03-2006	WATERLOOVILLE

AGE GROUP: 12 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	29.66	OLIVER SUMMERS	30-03-2003	SHEFFIELD	30.11	SOPHIE TEASDALE	21-05-2005	ALDRESHOT
100M FS	1:02.18	OLIVER SUMMERS	27-07-2003	SHEFFIELD	1:01.71	SOPHIE TEASDALE	31-07-2005	SHEFFIELD
200M FS	2:12.72	OLIVER SUMMERS	30-07-2003	SHEFFIELD	2:15.36	SOPHIE TEASDALE	01-08-2005	SHEFFIELD
400M FS	4:41.77	DANIEL WHITE	30-07-2004	SHEFFIELD	4:41.36	MOLLIE VINCENT	12-04-2007	TOLLCROSS
800M FS	9:42.73	WILLIAM STANHOPE	25-07-2009	SHEFFIELD	9:38.99	STEPHANIE WINSER	01-12-2006	BATH
1500M FS	18:17.30	WILLIAM STANHOPE	18-12-2009	SHEFFIELD	18:12.51	MOLLIE VINCENT	12-04-2007	TOLLCROSS
50M BST	38.11	JAMES MILLAR	03-04-2010	PORTSMOUTH	39.81	EMILY ARD	14-04-2007	CRAWLEY
100M BST	1:21.10	JAMES MILLAR	13-06-2010	GLASGLOW	1:19.09	MOLLIE VINCENT	24-07-2007	SHEFFIELD
200M BST	2:50.95	JAMES MILLAR	11-04-2010	GLASGLOW	2:44.48	MOLLIE VINCENT	25-07-2007	SHEFFIELD
50M FLY	32.19	ALEXANDER CAMERON CALVO	07-04-2007	SHEFFIELD	33.38	ELLENA HOAR	04-04-2010	PORTSMOUTH
100M FLY	1:07.70	ALEXANDER CAMERON CALVO	26-07-2007	SHEFFIELD	1:08.72	NICOLE DOLLERY	24-07-2009	SHEFFIELD
200M FLY	2:30.26	THOMAS GREGSON	24-07-2008	SHEFFIELD	2:29.37	KIRSTY HARKNESS	02-08-2005	SHEFFIELD
50M BK	33.88	JAMES WHELAN	01-07-2001	CRYSTAL PALACE	33.26	NICOLE DOLLERY	09-05-2009	CRYSTAL PALACE
100M BK	1:09.92	JOHN MOLYNEAUX	10-08-2000	COVENTRY	1:09.53	SOPHIE TEASDALE	01-08-2005	SHEFFIELD
200M BK	2:34.93	WILLIAM STANHOPE	19-12-2009	SHEFFIELD	2:26.65	NICOLE DOLLERY	10-04-2009	EDINBURGH
100M IM	-	-	-	-	-	-	-	-
200M IM	2:35.70	THOMAS GREGSON	26-07-2008	SHEFFIELD	2:30.24	MOLLIE VINCENT	12-04-2007	TOLLCROSS
400M IM	5:20.43	THOMAS GERGSON	25-07-2008	SHEFFIELD	5:09.02	MOLLIE VINCENT	12-04-2007	TOLLCROSS
AGE GROUP: 12 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	28.14	OLIVER SUMMERS	16-11-2003	THE HERONS	28.91	NICOLE DOLLERY	07-11-2009	ALDRESHOT
100M FS	1:01.02	ALEXANDER CAMERON CALVO	09-12-2007	SOUTHAMPTON	1:02.14	SOPHIE TEASDALE	24-03-2005	PORTSMOUTH
200M FS	2:10.62	OLIVER SUMMERS	15-11-2003	THE HERONS	2:14.35	LAURA CHASE	28-11-1999	STOCKPORT
400M FS	4:38.26	OLIVER SUMMERS	15-11-2003	THE HERONS	4:32.59	NICOLE DOLLERY	10-05-2009	SOUTHAMPTON
800M FS	9:35.36	ALEXANDER CAMERON CALVO	07-12-2007	SOUTHAMPTON	9:27.60	MOLLIE VINCENT	03-03-2007	WATERLOOVILLE
1500M FS	18:15.69	THOMAS GREGSON	09-11-2008	PORTSMOUTH	18:03.74	MOLLIE VINCENT	27-01-2007	PORTSMOUTH
50M BST	37.37	JAMES MILLAR	06-02-2010	WATERLOOVILLE	36.77	MOLLIE VINCENT	28-10-2007	SOUTHAMPTON
100M BST	1:21.43	JOHN MOLYNEAUX	19-11-2000	THE HERONS	1:17.51	MOLLIE VINCENT	03-11-2007	PORTSMOUTH
200M BST	2:50.08	JAMES MILLAR	07-03-2010	WATERLOOVILLE	2:42.75	MOLLIE VINCENT	10-03-2007	WATERLOOVILLE
50M FLY	30.68	ALEXANDER CAMERON CALVO	06-12-2007	SOUTHAMPTON	31.44	NICOLE DOLLERY	08-11-2009	ALDRESHOT
100M FLY	1:08.00	ALEXANDER CAMERON CALVO	01-12-2007	GUILDFORD	1:07.71	MOLLIE VINCENT	05-04-2007	PORTSMOUTH
200M FLY	2:28.49	AARON LLOYD	07-03-2010	WATERLOOVILLE	2:29.65	KIRSTY HARKNESS	28-10-2005	ST BRELADE
50M BK	32.78	ALEXANDER CAMERON CALVO	28-10-2007	SOUTHAMPTON	31.77	NICOLE DOLLERY	07-03-2009	WATERLOOVILLE
100M BK	1:08.55	JOHN MOLYNEAUX	18-11-2000	THE HERONS	1:07.79	SOPHIE TEASDALE	24-03-2005	PORTSMOUTH
200M BK	2:25.69	JOHN MOLYNEAUX	19-11-2000	THE HERONS	2:22.19	NICOLER DOLLERY	08-03-2009	WATERLOOVILLE
100M IM	1:14.17	OLIVER SUMMERS	01-03-2003	VARIOUS	1:12.12	SOPHIE TEASDALE	09-04-2005	LITLEDOWN
200M IM	2:30.58	OLIVER SUMMERS	16-11-2003	THE HERONS	2:27.59	MOLLIE VINCENT	03-11-2007	PORTSMOUTH
400M IM	5:22.49	BRANDON CHOI	01-11-2009	PORTSMOUTH	5:03.45	MOLLIE VINCENT	03-11-2007	PORTSMOUTH

AGE GROUP: 13 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	27.44	JOHN MOLYNEAUX	30-07-2001	SHEFFIELD	30-07-2001	SOPHIE TEASDALE	20-05-2006	ALDRSHOT
100M FS	58.95	OLIVER SUMMERS	29-07-2004	SHEFFIELD	1:00.71	LAURA CHASE	07-08-2000	COVENTRY
200M FS	2:06.24	OLIVER SUMMERS	19-12-2004	ALDRSHOT	2:10.77	LAURA CHASE	08-08-2000	COVENTRY
400M FS	4:25.60	DANIEL WHITE	31-07-2005	SHEFFIELD	4:33.87	STEPHANIE WINSER	30-11-2007	UNIVERSITY OF BATH
800M FS	9:24.45	THOMAS GREGSON	25-07-2009	SHEFFIELD	9:18.54	STEPHANIE WINSER	30-11-2007	UNIVERSITY OF BATH
1500M FS	17:29.26	DANIEL WHITE	01-08-2005	SHEFFIELD	17:58.91	STEPHANIE WINSER	23-07-2007	SHEFFIELD
50M BST	40.68	JAMES WHEADON	22-05-2009	MILLFIELD	37.94	NICOLE DOLLERY	03-04-2010	PORTSMOUTH
100M BST	1:19.24	OLIVER SUMMERS	22-05-2004	ALDRSHOT	1:17.30	MOLLIE VINCENT	02-04-2008	SHEFFIELD
200M BST	2:46.23	NEIL REDMAN	09-06-2007	CRAWLEY	2:42.62	MOLLIE VINCENT	26-07-2008	SHEFFIELD
50M FLY	29.51	JOHN MOLYNEAUX	24-06-2001	CRYSTAL PALACE	32.67	NICOLE DOLLERY	04-04-2010	PORTSMOUTH
100M FLY	1:05.90	OLIVER SUMMERS	30-07-2004	SHEFFIELD	1:08.80	MOLLIE VINCENT	13-04-2008	GLASGLOW
200M FLY	2:20.58	OLIVER SUMMERS	19-12-2004	ALDRSHOT	13-04-2008	KIRSTY HARKNESS	11-06-2006	CRAWLEY
50M BK	32.14	JOHN MOLYNEAUX	23-06-2001	CRYSTAL PALACE	34.23	SARAH HUGHES	02-04-2010	PORTSMOUTH
100M BK	1:05.56	JOHN MOLYNEAUX	31-07-2001	SHEFFIELD	1:07.83	SOPHIE TEASDALE	29-07-2006	SHEFFIELD
200M BK	2:22.57	JOHN MOLYNEAUX	23-06-2001	CRYSTAL PALACE	2:25.26	MOLLIE VINCENT	27-07-2008	SHEFFIELD
100M IM	-	-	-	-	-	-	-	-
200M IM	2:21.58	OLIVER SUMMERS	29-07-2004	SHEFFIELD	2:26.50	MOLLIE VINCENT	10-04-2008	GLASGLOW
400M IM	29-07-2004	OLIVER SUMMERS	19-12-2004	ALDRSHOT	5:00.27	MOLLIE VINCENT	05-04-2008	SHEFFIELD
AGE GROUP: 13 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	26.84	JOHN MOLYNEAUX	18-11-2001	THE HERONS	28.51	GEMMA SPOFFORTH	19-11-2000	CRAWLEY
100M FS	57.47	OLIVER SUMMERS	17-10-2004	SHEFFIELD	1:00.15	SOPHIE TEASDALE	22-10-2006	SHEFFIELD
200M FS	2:05.72	DANIEL WHITE	28-10-2005	ST BERLADE	2:10.01	LAURA CHASE	25-11-2000	GRAND CENTRAL
400M FS	4:18.02	DANIEL WHITE	28-10-2005	ST BERLADE	4:27.46	LAURA CHASE	03-06-2000	GUILDFORD
800M FS	9:24.82	ALEXANDER CAMERON CALVO	31-10-2008	SOUTHAMPTON	9:01.72	LAURA CHASE	08-12-2000	PONDS FORGE
1500M FS	17:22.64	DANIEL WHITE	24-03-2005	PORTSMOUTH	17:42.14	ELIZA BAILEY	27-01-2007	PORTSMOUTH
50M BST	35.07	NEIL REDMAN	15-12-2007	WILDERN SCHOOL	36.59	EMILY ARD	09-03-2008	WATERLOOVILLE
100M BST	1:14.07	NEIL REDMAN	25-11-2007	HEDGE END	1:15.99	EMILY ARD	19-10-2008	SHEFFIELD
200M BST	2:42.98	NEIL REDMAN	16-11-2007	HEDGE END	2:40.07	MOLLIE VINCENT	11-05-2008	SOUTHAMPTON
50M FLY	29.27	JOHN MOLYNEAUX	18-11-2001	THE HERONS	30.92	SOPHIE TEASDALE	04-03-2006	WATERLOOVILLE
100M FLY	1:03.31	JOHN MOLYNEAUX	18-11-2001	THE HERONS	1:08.05	GEMMA BOWSHER	30-11-1997	GRAND CENTRAL POOL
200M FLY	2:26.46	OLIVER SUMMERS	18-04-2004	BOURNEMOUTH	2:23.63	MOLLIE VINCENT	20-03-2008	PORTSMOUTH
50M BK	30.19	JOHN MOLYNEAUX	17-11-2001	THE HERONS	30.57	GEMMA SPOFFORTH	02-12-2001	BRIGHTON
100M BK	1:03.11	JOHN MOLYNEAUX	17-11-2001	THE HERONS	1:06.67	SOPHIE TEASDALE	07-05-2006	SOUTHAMPTON
200M BK	2:14.67	JOHN MOLYNEAUX	18-11-2001	THE HERONS	2:22.44	SOPHIE TEASDALE	08-04-2006	BOURNEMOUTH
100M IM	1:05.78	JOHN MOLYNEAUX	18-11-2001	THE HERONS	1:09.64	GEMMA SPOFFORTH	08-12-2000	PONDS FORGE
200M IM	2:22.83	OLIVER SUMMERS	09-05-2004	SOUTHAMPTON	2:24.02	MOLLIE VINCENT	27-01-2008	PORTSMOUTH
400M IM	5:03.53	DANIEL WHITE	28-10-2005	ST BERLADE	4:59.05	MOLLIE VINCENT	26-01-2008	PORTSMOUTH

AGE GROUP: 14 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	27.08	RYAN YOUNG	20-12-2009	MILLFIELD	28.76	GEMMA SPOFFORTH	12-05-2001	CRYSTAL PALACE
100M FS	56.09	OLIVER SUMMERS	30-07-2005	SHEFFIELD	1:00.31	LAURA CHASE	14-04-2001	MANCHESTER
200M FS	2:02.60	OLIVER SUMMERS	11-12-2005	ALDRESHOT	2:08.27	LAURA CHASE	11-04-2001	MANCHESTER
400M FS	4:16.98	DANIEL WHITE	28-07-2006	SHEFFIELD	4:28.08	LAURA CHASE	15-04-2001	MANCHESTER
800M FS	8:45.92	DANIEL WHITE	11-06-2006	CRAWLEY	8:57.26	LAURA CHASE	02-06-2001	MANCHESTER
1500M FS	16:42.13	DANIEL WHITE	29-07-2006	SHEFFIELD	17:27.04	STEPHANIE WINSER	29-07-2008	SHEFFIELD
50M BST	33.90	NEIL REDMAN	04-10-2008	CRAWLEY	38.29	GEMMA SPOFFORTH	23-06-2001	CRYSTAL PALACE
100M BST	1:11.49	NEIL REDMAN	02-11-2008	ALDRESHOT	1:16.88	MOLLIE VINCENT	21-11-2009	CRAWLEY
200M BST	2:34.41	NEIL REDMAN	27-07-2008	SHEFFIELD	2:43.49	AIMEE BENFIELD	30-07-2005	SHEFFIELD
50M FLY	29.03	JOHN MOLYNEAUX	23-06-2002	CRYSTAL PALACE	30.71	GEMMA SPOFFORTH	24-06-2001	CRYSTAL PALACE
100M FLY	1:01.24	OLIVER SUMMERS	02-12-2005	BATH	1:05.00	MOLLIE VINCENT	30-07-2009	SHEFFIELD
200M FLY	2:13.15	OLIVER SUMMERS	01-08-2005	SHEFFIELD	2:20.63	KIRSTY HARKNESS	31-07-2007	SHEFFIELD
50M BK	31.33	JOHN MOLYNEAUX	30-03-2002	PONDS FORGE	31.26	GEMMA SPOFFORTH	06-05-2001	CRYSTAL PALACE
100M BK	1:02.23	JOHN MOLYNEAUX	08-08-2002	SHEFFIELD	1:05.93	SOPHIE TEASDALE	23-07-2007	SHEFFIELD
200M BK	2:13.03	JOHN MOLYNEAUX	05-08-2002	SHEFFIELD	2:22.66	SARAH OWEN	05-08-2004	SHEFFIELD
100M IM	-	-	-	-	-	-	-	-
200M IM	2:15.22	OLIVER SUMMERS	30-07-2005	SHEFFIELD	2:23.79	MOLLIE VINCENT	31-07-2009	SHEFFIELD
400M IM	4:48.80	OLIVER SUMMERS	02-08-2005	SHEFFIELD	5:01.83	LAURA CHASE	10-04-2001	MANCHESTER
AGE GROUP: 14 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	26.48	JOHN MOLYNEAUX	17-11-2002	THE HERONS	27.96	GEMMA SPOFFORTH	04-11-2001	BARNET COPTHALL
100M FS	56.17	OLIVER SUMMERS	24-03-2005	PORTSMOUTH	59.14	LAURA CHASE	28-10-2001	SHEFFIELD
200M FS	2:00.25	OLIVER SUMMERS	19-11-2005	HASLEMERE	2:06.59	LAURA CHASE	18-03-2001	PORTSMOUTH/WATERVIL
400M FS	4:14.31	OLIVER SUMMERS	19-11-2005	HASLEMERE	4:24.48	LAURA CHASE	17-03-2001	PORTSMOUTH/WATERVIL
800M FS	9:00.09	DANIEL WHITE	25-02-2006	WATERLOOVILLE	9:01.17	LAURA CHASE	03-03-2001	PORTSMOUTH/WATERVIL
1500M FS	16:34.21	DANIEL WHITE	13-04-2006	PORTSMOUTH	17:10.39	STEPHANIE WINSER	09-11-2008	PORTSMOUTH
50M BST	33.05	JOHN MOLYNEAUX	16-11-2002	THE HERONS	35.77	EMILY ARD	04-01-2009	BASINGSTOKE
100M BST	1:09.40	NEIL REDMAN	19-10-2008	SHEFFIELD	1:15.01	EMILY ARD	25-01-2009	PORTSMOUTH
200M BST	2:32.72	NEIL REDMAN	15-11-2008	HASLEMERE	2:39.74	MOLLIE VINCENT	09-04-2009	PORTSMOUTH
50M FLY	28.26	JOHN MOLYNEAUX	17-11-2002	THE HERONS	31.18	JODIE BRUCE	10-03-2007	WATERLOOVILLE
100M FLY	1:00.92	OLIVER SUMMERS	20-11-2005	HASLEMERE	1:03.43	MOLLIE VINCENT	18-10-2009	SHEFFIELD
200M FLY	2:10.52	OLIVER SUMMERS	19-11-2005	HASLEMERE	2:21.53	MOLLIE VINCENT	31-10-2009	PORTSMOUTH
50M BK	29.32	JOHN MOLYNEAUX	16-11-2002	THE HERONS	30.03	GEMMA SPOFFORTH	11-08-2001	NORWICH
100M BK	1:01.42	JOHN MOLYNEAUX	16-11-2002	THE HERONS	1:04.09	MOLLIE VINCENT	18-10-2009	SHEFFIELD
200M BK	2:12.36	JOHN MOLYNEAUX	17-11-2002	THE HERONS	2:20.5	SOPHIE TEASDALE	13-05-2007	SOUTHAMPTON
100M IM	1:04.63	JOHN MOLYNEAUX	10-03-2002	SOUTHAMPTON	1:08.91	SOPHIE TEASDALE	03-03-2007	WATERLOOVILLE
200M IM	2:14.11	OLIVER SUMMERS	20-11-2005	HASLEMERE	2:20.50	MOLLIE VINCENT	31-10-2009	PORTSMOUTH
400M IM	4:45.84	OLIVER SUMMERS	09-04-2005	LITLEDOWN	4:53.89	MOLLIE VINCENT	01-11-2009	PORTSMOUTH

AGE GROUP: 15 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	25.81	LLOYD YOUNG	30-11-2007	BATH UNI	28.48	GEMMA SPOFFORTH	12-08-2002	SHEFFIELD
100M FS	56.02	LLOYD YOUNG	25-07-2007	SHEFFIELD	59.80	SARAH OWEN	09-08-2005	SHEFFIELD
200M FS	2:01.33	OLIVER SUMMERS	01-12-2006	BATH	2:05.78	SOPHIE TEASDALE	05-04-2008	SHEFFIELD
400M FS	4:16.65	OLIVER SUMMERS	01-08-2006	SHEFFIELD	4:21.67	LAURA CHASE	11-08-2002	SHEFFIELD
800M FS	8:53.45	DANIEL WHITE	29-07-2007	SHEFFIELD	8:56.28	LAURA CHASE	12-04-2002	MANCHESTER
1500M FS	16:44.85	DANIEL WHITE	12-04-2007	TOLLCROSS	17:29.42	STEPHANIE WINSER	31-07-2009	SHEFFIELD
50M BST	32.58	NEIL REDMAN	20-12-2009	MILLFIELD	36.81	MEGAN CUMMING	04-05-2008	ALDRSHOT
100M BST	1:08.85	NEIL REDMAN	24-10-2009	CRYSTAL PALACE	1:15.93	MEGAN CUMMING	29-11-2008	STOCKPORT
200M BST	2:30.85	NEIL REDMAN	20-12-2009	MILLFIELD	2:43.12	NATASHA MULLENDER	11-04-2008	GLASGOW
50M FLY	29.01	LLOYD YOUNG	30-11-2007	BATH UNI	31.52	JENNIFER HUSSEY	04-04-2010	PORTSMOUTH
100M FLY	1:00.47	OLIVER SUMMERS	29-04-2006	ALDRSHOT	1:06.27	LAURA CHASE	11-08-2002	SHEFFIELD
200M FLY	2:11.79	OLIVER SUMMERS	03-08-2006	SHEFFIELD	2:19.25	KIRSTY HARKNESS	29-07-2008	SHEFFIELD
50M BK	32.45	THOMAS MILLS	26-10-2008	ALDRSHOT	30.47	KATY SEXTON	31-05-1997	PONDS FORGE
100M BK	1:01.15	JOHN MOLYNEAUX	03-08-2003	SHEFFIELD	1:03.70	KATY SEXTON	31-07-1997	MOSCOW, RUSSIA
200M BK	2:10.27	JOHN MOLYNEAUX	01-08-2003	SHEFFIELD	2:17.39	KATY SEXTON	31-07-1997	MOSCOW, RUSSIA
100M IM	-	-	-	-	-	-	-	-
200M IM	2:16.20	JOHN MOLYNEAUX	18-05-2003	CRYSTAL PALACE	2:23.42	MOLLIE VINCENT	29-03-2010	SHEFFIELD
400M IM	4:44.90	OLIVER SUMMERS	01-12-2006	BATH	4:55.67	LAURA CHASE	09-08-2002	SHEFFIELD
AGE GROUP: 15 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	25.64	LLOYD YOUNG	05-05-2007	NEWPORT	27.48	SARAH OWEN	24-03-2005	PORTSMOUTH
100M FS	55.03	LLOYD YOUNG	21-10-2007	SHEFFIELD	58.46	SARAH OWEN	16-10-2005	SHEFFIELD
200M FS	1:59.44	DANIEL WHITE	28-10-2007	SOUTHAMPTON	2:06.53	LAURA CHASE	12-09-2002	CAMBRIDGE
400M FS	4:09.13	DANIEL WHITE	03-11-2007	PORTSMOUTH	4:18.49	LAURA CHASE	12-09-2002	CAMBRIDGE
800M FS	8:47.38	OLIVER SUMMERS	28-01-2006	PORTSMOUTH	8:51.68	LAURA CHASE	02-03-2002	SOUTHAMPTON
1500M FS	16:35.73	DANIEL WHITE	03-11-2007	PORTSMOUTH	17:31.51	STEPHANIE WINSER	15-11-2009	PORTSMOUTH
50M BST	32.23	NEIL REDMAN	07-05-2006	SOUTHAMPTON	35.04	EMILY ARD	13-03-2010	SOUTHAMPTON
100M BST	1:07.96	NEIL REDMAN	18-10-2009	SHEFFIELD	1:14.36	MOLLIE VINCENT	13-03-2010	SOUTHAMPTON
200M BST	2:27.13	NEIL REDMAN	07-11-2009	ALDRSHOT	2:40.31	AIMEE BENFIELD	27-05-2006	GUILDFORD
50M FLY	28.52	JOHN MOLYNEAUX	18-11-2000	THE HERONS	29.46	MOLLIE VINCENT	13-03-2010	SOUTHAMPTON
100M FLY	1:01.74	OLIVER SUMMERS	22-10-2006	SHEFFIELD	1:04.13	MOLLIE VINCENT	13-03-2010	SOUTHAMPTON
200M FLY	2:10.94	OLIVER SUMMERS	13-04-2006	PORTSMOUTH	2:18.15	LAURA CHASE	12-09-2002	CAMBRIDGE
50M BK	27.95	JOHN MOLYNEAUX	30-06-2003	BEAU SEJOUR	30.31	SARAH OWEN	12-03-2005	SOUTHAMPTON
100M BK	59.80	JOHN MOLYNEAUX	30-06-2003	BEAU SEJOUR	1:03.44	KATY SEXTON	14-11-1997	CENTRAL BATHS
200M BK	2:07.20	JOHN MOLYNEAUX	30-06-2003	BEAU SEJOUR	2:14.48	KATY SEXTON	15-11-1997	CENTRAL BATHS
100M IM	1:02.98	JOHN MOLYNEAUX	15-03-2003	VARIOUS	1:07.59	GEMMA SPOFFORTH	12-09-2002	CAMBRIDGE
200M IM	2:10.52	JOHN MOLYNEAUX	25-10-2003	GLOUCESTER	2:23.24	MOLLIE VINCENT	13-03-2010	SOUTHAMPTON
400M IM	4:40.10	JOHN MOLYNEAUX	30-06-2003	BEAU SEJOUR	4:51.89	MOLLIE VINCENT	13-03-2010	SOUTHAMPTON

AGE GROUP: 16 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	25.11	LLOYD YOUNG	01-04-2008	SHEFFIELD	27.74	SARAH OWEN	01-12-2006	BATH
100M FS	54.27	JAMES TEBBETT	2004	/	58.96	SARAH OWEN	01-08-2006	SHEFFIELD
200M FS	1:57.32	JAMES TEBBETT	2004	/	2:04.79	EMMA WICKS	2004	/
400M FS	4:08.65	JAMES TEBBETT	2004	/	4:17.91	HOLLY FOX	1999	/
800M FS	8:46.98	JAKE HOWES	11-07-2008	PICTON	8:51.80	LAURA CHASE	09-05-2003	BATH
1500M FS	16:30.43	JAKE HOWES	12-07-2008	PICTON	17:43.46	ELIZA BAILEY	2008	/
50M BST	33.02	NIEL REDMAN	29-01-2010	BATH	35.73	MEGAN CUMMING	21-11-2009	CRAWLEY
100M BST	1:08.95	NEIL REDMAN	30-03-2010	SHEFFIELD	1:15.24	MEGAN CUMMING	10-01-2009	SWANSEA
200M BST	2:28.73	NEIL REDMAN	03-04-2010	SHEFFIELD	2:40.21	MEGAN CUMMING	11-01-2009	SWANSEA
50M FLY	28.16	ALEXANDER BRUCE	05-05-2007	ALDERSHOT	30.07	KIRSTY HARKNESS	19-12-2009	MILLFIELD
100M FLY	1:00.21	CALLUM MOORSE	30-11-2008	STOCKPORT	1:04.40	KIRSTY HARKNESS	19-12-2009	MILLFIELD
200M FLY	2:07.41	OLIVER SUMMERS	29-07-2007	SHEFFIELD	2:14.81	HOLLY FOX	1999	/
50M BK	28.53	JOHN MOLYNEAUX	28-11-2004	CRYSTAL PALACE	29.40	GEMMA SPOFFORTH	31-07-2003	GLASGOW
100M BK	1:00.21	JOHN MOLYNEAUX	05-08-2004	SHEFFIELD	1:02.83	GEMMA SPOFFORTH	31-07-2003	GLASGOW
200M BK	2:09.92	JOHN MOLYNEAUX	03-08-2004	SHEFFIELD	2:13.18	KATY SEXTON	17-09-1998	KUALA LUMPUR
100M IM	-	-	-	-	-	-	-	-
200M IM	2:12.98	MAX UNDERHAY	2003	/	2:21.73	HOLLY FOX	1999	/
400M IM	4:43.17	MAX UNDERHAY	2003	/	4:51.14	HOLLY FOX	1999	/
AGE GROUP: 16 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	24.98	LLOYD YOUNG	16-03-2008	SOUTHAMPTON	27.33	GEMMA SPOFFORTH	15-03-2003	VARIOUS
100M FS	53.72	LLOYD YOUNG	19-10-2008	SHEFFIELD	57.50	SARAH OWEN	13-04-2006	PORTSMOUTH
200M FS	1:55.36	DANIEL WHITE	16-03-2008	SOUTHAMPTON	2:04.62	SAMANTHA NESBIT	1998	/
400M FS	4:02.42	GRANT ROBINS	1985	/	4:17.80	SAMANTHA NESBIT	1998	/
800M FS	8:33.02	DANIEL HUGHES	03-11-2007	PORTSMOUTH	8:41.51	SAMANTHA NESBIT	1999	/
1500M FS	15:55.29	NATHAN JEGOU	2001	/	17:14.09	SARAH OWEN	28-01-2006	PORTSMOUTH
50M BST	31.40	NEIL REDMAN	13-03-2010	SOUTHAMPTON	35.69	MEGAN CUMMING	18-10-2009	SOUTHAMPTON
100M BST	1:08.23	NEIL REDMAN	13-03-2010	SOUTHAMPTON	1:15.44	MEGAN CUMMING	26-06-2005	CRANLEIGH
200M BST	2:24.94	NEIL REDMAN	13-03-2010	SOUTHAMPTON	2:40.51	NASTASHA MULLENDER	15-03-2009	SOUTHAMPTON
50M FLY	27.92	CALLUM MOORSE	19-10-2008	SOUTHAMPTON	30.82	SARAH OWEN	27-05-2006	GUILDFORD
100M FLY	59.25	CALLUM MOORSE	01-11-2008	PORTSMOUTH	1:04.64	ROSY MURRAY	2005	/
200M FLY	2:09.19	OLIVER SUMMERS	17-03-2007	SOUTHAMPTON	2:16.30	HOLLY FOX	1998	/
50M BK	28.35	JOHN MOLYNEAUX	14-03-2004	WATERLOOVILLE	28.63	GEMMA BOWSHER	14-08-2003	STOCKPORT
100M BK	58.96	JOHN MOLYNEAUX	17-10-2004	SHEFFIELD	1:00.45	GEMMA SPOFFORTH	14-08-2003	STOCKPORT
200M BK	2:08.76	JOSHUA FOWLER	16-03-2008	SOUTHAMPTON	2:10.31	KATY SEXTON	1998	/
100M IM	1:02.20	JOHN MOLYNEAUX	13-03-2004	WATERLOOVILLE	1:05.42	GEMMA SPOFFORTH	14-08-2003	STOCKPORT
200M IM	2:10.27	JOHN MOLYNEAUX	09-05-2004	SOUTHAMPTON	2:18.18	SAMANTHA NESBIT	1998	/
400M IM	4:34.50	JOSHUA FOWLER	20-03-2008	PORTSMOUTH	4:44.25	SAMANTHA NESBIT	1998	/

AGE GROUP: 17 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	23.92	LLOYD YOUNG	01-08-2009	SHEFFIELD	27.89	SARAH OWNE	30-11-2007	BATH UNI
100M FS	52.92	LLOYD YOUNG	02-08-2009	SHEFFIELD	58.93	GEMMA SPOFFORTH	04-08-2004	SHEFFIELD
200M FS	1:56.10	LLOYD YOUNG	04-07-2009	CARDIFF	2:04.61	LAURA CHASE	05-08-2004	SHEFFIELD
400M FS	4:13.16	CALLUM MOORSE	21-11-2009	CRAWLEY	4:17.13	LAURA CHASE	04-08-2004	SHEFFIELD
800M FS	8:36.15	JAKE HOWES	05-07-2009	CARDIFF	8:54.66	SARAH OWN	27-03-2007	MANCHESTER
1500M FS	16:37.28	JAKE HOWES	01-03-2009	ALDRESHOT	18:39.22	LOUISA HERRING	01-05-2006	ALDRESHOT
50M BST	-	-	-	-	36.47	MEGAN CUMMING	03-04-2010	PORTSMOUTH
100M BST	1:13.45	OLIVER SUMMERS	12-01-2008	MILLFIELD	1:15.46	GEMMA SPOFFORTH	04-08-2004	SHEFFIELD
200M BST	2:36.22	DANIEL HUGHES	04-05-2008	ALDRESHOT	2:46.10	LAURA CHASE	25-06-2004	SWANSEA
50M FLY	27.20	CALLUM MOORSE	21-11-2009	CRAWLEY	29.43	SOPHIE TEASDALE	04-04-2010	PORTSMOUTH
100M FLY	57.20	CALLUM MOORSE	01-08-2009	SHEFFIELD	1:04.56	LAURA CHASE	25-06-2004	SWANSEA
200M FLY	2:07.77	OLIVER SUMMERS	05-04-2008	SHEFFIELD	2:18.70	LAURA CHASE	02-08-2004	SHEFFIELD
50M BK	27.61	JOHN MOLYNEAUX	19-03-2005	MANCHESTER	29.94	KATY SEXTON	29-06-2002	COVENTRY
100M BK	59.47	JOHN MOLYNEAUX	04-08-2005	SHEFFIELD	1:02.16	KATY SEXTON	17-12-1999	PONDS FORGE
200M BK	2:06.32	JOHN MOLYNEAUX	07-08-2005	SHEFFIELD	2:14.23	KATY SEXTON	09-07-1999	PONDS FORGE
100M IM	-	-	-	-	-	-	-	-
200M IM	2:11.37	JOHN MOLYNEAUX	07-08-2005	SHEFFIELD	2:20.07	LAURA CHASE	05-08-2004	SHEFFIELD
400M IM	4:37.04	JOHN MOLYNEAUX	05-08-2005	SHEFFIELD	4:50.90	LAURA CHASE	02-08-2004	SHEFFIELD
AGE GROUP: 17 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	24.14	LLOYD YOUNG	15-03-2009	SOUTHAMPTON	27.54	SARAH OWEN	17-03-2007	SOUTHAMPTON
100M FS	52.50	LLOYD YOUNG	14-03-2009	SOUTHAMPTON	59.17	SOPHIE TEASDALE	13-03-2010	SOUTHAMPTON
200M FS	1:54.89	LLOYD YOUNG	15-03-2009	SOUTHAMPTON	2:02.27	LAURA CHASE	17-01-2004	BERLIN
400M FS	4:05.38	LLOYD YOUNG	14-03-2009	SOUTHAMPTON	4:14.05	LAURA CHASE	18-01-2004	BERLIN
800M FS	8:32.63	CALLUM MOORSE	15-11-2009	PORTSMOUTH	8:40.31	LAURA CHASE	17-01-2004	BERLIN
1500M FS	16:17.84	CALLUM MOORSE	15-11-2009	PORTSMOUTH	17:02.53	SARAH OWEN	04-03-2007	WATERLOOVILLE
50M BST	33.94	ASHLEY DAWKINS	04-02-2007	SOUTHAMPTON	36.55	MEGAN CUMMING	13-03-2010	SOUTHAMPTON
100M BST	1:08.21	DANIEL HUGHES	11-05-2008	SOUTHAMPTON	1:13.41	GEMMA SPOFFORTH	17-10-2004	SHEFFIELD
200M BST	2:29.92	CALLUM MOORSE	14-03-2009	SOUTHAMPTON	2:42.83	MEGAN CUMMING	13-03-2010	SOUTHAMPTON
50M FLY	27.52	ELLIOT BISLAND	07-11-2009	ALDRESHOT	32.03	SOPHIE TEASDALE	13-03-2010	SOUTHAMPTON
100M FLY	57.09	CALLUM MOORSE	18-10-2009	SHEFFIELD	1:05.24	LAURA CHASE	13-03-2004	WATERLOOVILLE
200M FLY	2:06.66	CALLUM MOORSE	07-11-2009	ALDRESHOT	2:15.83	LAURA CHASE	26-08-2004	MANCHESTER
50M BK	28.32	JOHN MOLYNEAUX	16-10-2005	SHEFFIELD	29.24	KATY SEXTON	09-12-1999	LISBON, PORTUGAL
100M BK	57.72	JOHN MOLYNEAUX	24-03-2005	PORTSMOUTH	1:00.89	KATY SEXTON	16-02-1999	MALMO
200M BK	2:06.57	JOHN MOLYNEAUX	24-03-2005	PORTSMOUTH	2:07.64	GEMMA SPOFFORTH	12-12-2004	VIENNA
100M IM	1:00.13	JOHN MOLYNEAUX	12-03-2005	SOUTHAMPTON	1:05.95	GEMMA SPOFFORTH	26-08-2004	MANCHESTER
200M IM	2:10.41	DANIEL HUGHES	11-05-2008	SOUTHAMPTON	2:16.45	LAURA CHASE	26-08-2004	MANCHESTER
400M IM	4:29.38	JOHN MOLYNEAUX	24-03-2005	PORTSMOUTH	4:44.66	LAURA CHASE	14-01-2004	STOCKHOLM

AGE GROUP: 18 LONG COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	24.24	LLYOD YOUNG	02-04-2010	SHEFFIELD	26.89	KATY SEXTON	25-07-2000	SHEFFIELD
100M FS	52.96	OLIVER SUMMERS	29-07-2009	SHEFFIELD	59.32	SARAH OWEN	01-08-2006	SHEFFIELD
200M FS	1:57.62	OLIVER SUMMERS	31-07-2009	SHEFFIELD	2:06.74	LAURA CHASE	06-08-2005	SHEFFIELD
400M FS	4:09.10	JAMES WHELAN	27-07-2007	SHEFFIELD	4:22.12	LAURA CHASE	09-08-2005	SHEFFIELD
800M FS	9:01.24	JAKE HOWES	01-04-2010	PORTSMOUTH	8:51.77	LAURA CHASE	05-08-2005	SHEFFIELD
1500M FS	17:02.92	JAKE HOWES	23-01-2010	PORTSMOUTH	17:37.33	SARAH OWEN	02-03-2008	ALDRESHOT
50M BST	40.00	SHANE SCULLION	01-05-2006	ALDRESHOT	48.67	CHARLOTTE GARDNER	18-01-2009	ALDRESHOT
100M BST	1:13.42	JOSHUA FOWLER	03-04-2010	PORTSMOUTH	1:20.04	GEMMA SPOFFORTH	28-06-2005	GLASGOW
200M BST	-	-	-	-	-	-	-	-
50M FLY	27.49	ELLIOT BILSLAND	04-04-2010	PORTSMOUTH	32.79	ALICE STANLEY	04-04-2010	PORTSMOUTH
100M FLY	59.41	ELLIOT BILSLAND	04-04-2010	PORTSMOUTH	1:05.46	LAURA CHASE	06-08-2005	SHEFFIELD
200M FLY	2:05.54	OLIVER SUMMERS	30-07-2009	SHEFFIELD	2:19.53	LAURA CHASE	17-06-2005	SWANSEA
50M BK	28.46	JOHN MOLYNEAUX	06-04-2006	SHEFFIELD	29.53	GEMMA SPOFFORTH	18-03-2005	MANCHESTER
100M BK	59.78	SIMON PRAGNELL	27-07-2007	SHEFFIELD	1:01.80	KATY SEXTON	27-07-2000	SHEFFIELD
200M BK	2:11.92	SIMON PRAGNELL	31-07-2007	SHEFFIELD	2:12.93	GEMMA SPOFFORTH	20-03-2005	MANCHESTER
100M IM	-	-	-	-	-	-	-	-
200M IM	2:14.56	LLOYD YOUNG	04-04-2010	PORTSMOUTH	2:20.40	LAURA CHASE	05-08-2005	SHEFFIELD
400M IM	4:36.98	OLIVER SUMMERS	02-08-2009	SHEFFIELD	4:55.03	LAURA CHASE	07-08-2005	SHEFFIELD
AGE GROUP: 18 SHORT COURSE								
EVENT	TIME	MALE	DATE	LOCATION	TIME	FEMALE	DATE	LOCATION
50M FS	24.28	LLOYD YOUNG	13-03-2010	SOUTHAMPTON	26.58	KATY SEXTON	10-12-2000	PONDS FORGE
100M FS	51.91	LLOYD YOUNG	13-03-2010	SOUTHAMPTON	58.38	SARAH OWEN	16-03-2008	SOUTHAMPTON
200M FS	1:53.84	OLIVER SUMMERS	14-11-2009	SHEFFIELD	2:03.81	GEMMA SPOFFORTH	24-03-2005	PORTSMOUTH
400M FS	4:03.96	JAMES WHELAN	13-05-2007	SOUTHAMPTON	4:20.09	LAURA CHASE	23-10-2005	LOUGHBOROUGH UNI
800M FS	11:29.57	ALEXANDER GOODMAN	15-11-2009	PORTSMOUTH	8:56.61	LAURA CHASE	24-03-2005	PORTSMOUTH
1500M FS	16:48.55	JAMES WHELAN	03-11-2007	PORTSMOUTH	17:53.93	LOUISA HERRING	17-03-2007	MAIDENHEAD
50M BST	40.51	SHANE SCULLION	05-02-2006	SOUTHAMPTON	38.08	SOPHIE CASTLE	12-03-2006	SOUTHAMPTON
100M BST	1:11.09	JOHN MOLYNEAUX	12-03-2006	SOUTHAMPTON	1:13.70	GEMMA SPOFFORTH	24-03-2005	PORTSMOUTH
200M BST	2:44.13	JAMES WHELAN	10-02-2007	PORTSMOUTH	2:36.23	GEMMA SPOFFORTH	24-03-2005	PORTSMOUTH
50M FLY	27.28	LLOYD YOUNG	13-03-2010	SOUTHAMPTON	30.37	SARAH OWEN	19-10-2008	SOUTHAMPTON
100M FLY	59.50	OLIVER SUMMERS	09-04-2009	PORTSMOUTH	1:04.23	LAURA CHASE	16-10-2005	SHEFFIELD
200M FLY	2:06.78	OLIVER SUMMERS	15-11-2009	SHEFFIELD	2:20.13	LAURA CHASE	24-03-2005	PORTSMOUTH
50M BK	27.86	JOHN MOLYNEAUX	12-03-2006	SOUTHAMPTON	28.93	KATY SEXTON	15-12-2000	VALENCIA
100M BK	58.66	SIMON PRAGNELL	13-05-2007	SOUTHAMPTON	1:00.04	KATY SEXTON	15-12-2000	VALENCIA
200M BK	2:09.91	LEWIS JONES	14-04-2001	PORTSMOUTH	2:10.19	KATY SEXTON	10-12-2000	PONDS FORGE
100M IM	1:01.17	JOHN MOLYNEAUX	11-03-2006	SOUTHAMPTON	1:04.59	KATY SEXTON	08-12-2000	PONDS FORGE
200M IM	2:10.10	OLIVER SUMMERS	15-03-2009	SOUTHAMPTON	2:17.72	LAURA CHASE	23-10-2005	LOUGHBOROUGH UNI
400M IM	4:35.60	JOSHUA FOWLER	13-03-2010	SOUTHAMPTON	4:48.39	LAURA CHASE	23-10-2005	LOUGHBOROUGH UNI